



# Amulet

## Massage... Meditation... Yoga...

**Massage** Offering a range of therapeutic styles including Reiki, Indian Abhyanga, Deep Tissue & Thai Yogic Massage, across full or part body

**Meditation** Introductory & guided sessions, ideal for newcomers to meditation or those with experience who prefer led sessions. For individuals, couples or groups

**Yoga** Individual or group sessions in Hatha, Vinyasa & Yin Yoga, tailored to suit level of experience & ability. Can cater for up to 10 people depending on space available

| Prices                              | 30min | 60min | 90min |
|-------------------------------------|-------|-------|-------|
| Massage                             | 30 €  | 45 €  | 60 €  |
| Meditation (individual)             | 20 €  | 30 €  | ---   |
| Meditation (extra person)           | +10 € | +15 € | ---   |
| Hatha / Vinyasa Yoga (individual)   | ---   | 30 €  | 45 €  |
| Hatha / Vinyasa Yoga (extra person) | ---   | +15 € | +20 € |
| Yin Yoga (individual)               | ---   | 35 €  | 50€   |
| Yin Yoga (2 people)                 | ---   | 50 €  | 70€   |

The above prices are for sessions held at the Amulet studio in Saint-Martin-Laguépie. If you would like a session in the comfort of your holiday home there will be a supplement to cover travel cost and time. The supplement fee is charged per visit, not per individual massage, meditation or yoga session.

The 'At Home' Supplement for \_\_\_\_\_ is \_\_\_\_\_ €

Payment in Euros and French cheques only

### To Make A Booking

T: 06 84 45 78 69

E: susi@amulettherapy.info

F: [www.facebook.com/Yoga.Massage.Tarn/](http://www.facebook.com/Yoga.Massage.Tarn/)

### Appointments Available

Mondays – Saturdays

First appointment 8h

Last appointment 19h

[www.amulettherapy.info](http://www.amulettherapy.info)